



NEW TOWN EAGLES

S O C C E R C L U B

ZB Goalkeeping Services

Zlatko Belanic in association with the New Town Eagles Soccer Club will be conducting goalkeeper coaching sessions in Hobart in June 2010.



Wednesday 9th June – Clare Street Oval, New Town
Time: 6.00pm – 8.00pm

[Target Age Group 16+ - Cost \$50.00]

Thursday 10th June – Clare Street Oval, New Town
Session 1 * - Time: 9.00am – 11.30pm
Session 2 * - Time: 2.30am – 5.00pm

[Target Age Group 10-15 - Cost \$50.00 per Session]

Friday 11th June – Clare Street Oval, New Town
Session 1 * - Time: 9.00am – 11.30pm
Session 2 * - Time: 2.30am – 5.00pm

[Target Age Group 10-15 - Cost \$50.00 per Session]

*** Goalkeepers only need to attend 1 session.**

Sessions will cover the following:	Materials Provided to each participant: *
Warming up (Dynamic Stretches)	Analysis Sheets / KPI's (Key Performance Indicators)
Basic Handling	Caring for your Equipment
Shot Stopping / Technique	Preparing for Games
Agility / Technique / Footwork	Psychology - Mental Preparation for Game *
Crosses	GK Specific Weight Programme - Pre-season *
Distribution	GK Specific Weight Programme - Rehabilitation *
Angles	Nutrition for Goalkeepers
Warm Down (Static Stretches)	* some material based on age-groups

For quality purposes numbers for each session will be strictly limited so register today to reserve your place. If you have any questions please not hesitate to contact us:

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Zlatko's CV is available at www.newtowneagles.com